

Eileen is teaching Beginning Classes for Visalia Parks and Recreation

Ballroom and Salsa Dance Classes

Mondays, Jan 9 - Feb 27, at the Visalia Senior Center, 310 N. Locust St at Oak

\$60 per person for each 6-week class

Register Online: www.liveandplayvisalia.com

Register in Person: 345 N. Jacob St, (559)713-4365

Ballroom Dance

Mondays at 7:00-7:45 pm

Join us for an introduction to classic dance styles such as Waltz, Foxtrot and Rumba. Learn to dance with a partner while enjoying a low-impact workout. Gain confidence on the dance floor. Improve your posture, balance, and agility.
No partner needed to enroll.



Salsa Dance

Mondays at 8:00-8:45 pm

Salsa is fun Latin dance that is very popular and easy to learn! Learn to move in time with the rhythm of the music and a partner. Gain confidence and enjoy a great low-impact workout. Improve your posture, balance, and agility.
No partner needed to enroll.



